



LightBody Activation, Transformation & Integration

An Entire Transformational Workshop Experience

The LightBody is formed as all bodies elevate in vibrational frequency to become one unified body of light. As more souls awaken and start to remember, consciousness shifts. One starts to realize that all is different and the world as they knew it no longer makes sense.

These workshops are to assist in understanding and navigating the journey of the awakening & ascending soul. They offer an intimate setting for those who feel drawn to a personalized experience to embrace their awakening & expedite their own soul growth!

We will explore from a Soul's perspective:

- Conscious Awakening & Transformation
- Understanding the Ego's Purpose in Duality
- Releasing Identities & Separation
- Raising Vibrational Frequencies
- Mastering Your Own Energy
- Understanding Karma
- Ascension & LightBody Symptoms
- Purging Dark Energy (Dark Night of the Soul)
- Soul Contracts
- High Vibrational Health
- The Soul as an Energy Body
- Creating Your Reality
- Exercises, Tools & How To's

Crystal/DNA Activation and LightBody Energy Sessions are offered in specific workshop packages listed on the website.

www.lightbodyintegration.com/workshops.html